

ARE YOU
LIVING
THE
LIFE YOU
WANT?



MORE *Becca*
PEARCE



Fiercely igniting your courage.
Calmly in your corner.



I had been a strong-willed, no-nonsense kind of leader within the insurance industry for the majority of my career. I spent several years at well-known insurance companies before being appointed to be the first CEO of Maryland's Health Benefit Exchange during the O'Malley administration in 2011. After that, I went on to work in a hospital system as a vice president. I understood my industry, I loved defining and implementing strategy, and I excelled at working with other leaders.

Then why the change, you ask? Two reasons.

First, the Maryland Health Benefit Exchange failed – quite publicly. Second, in 2015, I was diagnosed with a massive brain tumor.

Two major life events over the span of 1.5 years taught me humility, the value of vulnerability, the importance of optimism, how much impact you have on others when you don't even know it, and how important it is to see beyond work stresses because they can so easily creep from work into home life.

More importantly, I realized I don't want to be in charge anymore. But I really want to help others be in charge! I offer a wealth of expertise in maneuvering through politically-charged situations, first-hand knowledge of the stress of being in charge, and a clear understanding of where emotion and passion fit into the workplace. Couple that with my understanding of jumping off the train moving at 60mph to life the life I didn't know was possible.

I now work with powerful women who know they want more out of the life they're living. We help leaders lead with more confidence, women speak with more power and you find the emotional courage to do the things you've always wanted to do.

LIFE SATISFACTION QUIZ:

DETERMINE IF YOU'RE LIVING THE LIFE YOU WANT

We don't often stop to take stock of where we are and assess how we feel about our current life situation. Maybe it's time to do it! This assessment will help you evaluate your life from the big picture.

Note: You may be inclined to separate your answers into different parts of your life. We suggest you do the assessment looking at the whole of you. If you can't do that for a question, that's a data point in itself, and we urge you to dig deeper into that portion of your life that is not meeting your needs.



LIFE SATISFACTION QUIZ:

This short quiz will help you determine overall life satisfaction:

		T	F
Part 1	1 I feel good about my life.	<input type="checkbox"/>	<input type="checkbox"/>
	2 I am respected and valued	<input type="checkbox"/>	<input type="checkbox"/>
	3 Overall, I am happy	<input type="checkbox"/>	<input type="checkbox"/>
	4 At my retirement party, I will feel good about what I contributed	<input type="checkbox"/>	<input type="checkbox"/>
	5 If I was told that I would die tomorrow, I would have no regrets	<input type="checkbox"/>	<input type="checkbox"/>
	6 I'm proud of who I am	<input type="checkbox"/>	<input type="checkbox"/>
	7 I am setting a good example for my children	<input type="checkbox"/>	<input type="checkbox"/>
	8 I'm living within my values	<input type="checkbox"/>	<input type="checkbox"/>
Part 2	9 I have more to say and give than is currently being received by others	<input type="checkbox"/>	<input type="checkbox"/>
	10 My fears about money keep me from doing the things I really want to do	<input type="checkbox"/>	<input type="checkbox"/>

RESULTS

Now tally all the **Trues** from part 1 and the **Falses** from part 2.

9-10 – Wow. You are in a great place! You are one of the lucky few who have figured it out and are living a life they love. Congratulations! Keep on keepin' on!

7-8 – For the most part, you're happy! Congratulations on building a life that feels good most of the time. Take a look at the items that brought your score down. Think about why you answered the way you did. What steps can you take to impact those responses?

6 or less – It may be time to slow down and look at where you want to go and what's currently keeping you from getting there. How do you want your life to be different than it is now? Take a look at the specific items that lowered your score. What steps can you take to impact those scores in a positive way?

Becca Pearce works with high-performing individuals who know they want to do something greater. If you know you have more to give and want to figure out how to do that, schedule some time with us. We create clarity.

<https://calendly.com/extendcoach/30min>.

Find out more about us here: www.morebeccapearce.com



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ABOUT BECCA PEARCE



Becca offers a variety of ways to work together:

- **Coaching:**
 - Individual Personal Executive Coaching
 - Group Coaching
- **Speaking:**
 - Inspirational Speaking
 - Workshops
 - Panels
- **Women's Retreats**
 - For women who want more out of their personal and professional life

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